**Mission Statement**

The Everett School Employee Benefit Trust Wellness Program will create a culture of wellness by engaging staff in opportunities to enhance their overall health and quality of life.

**Vision Statement**  
Staff are empowered to make healthy lifestyle choices  
Empowering employees to lead healthier lives  
Improve quality of life  
Create a healthy culture  
Modeling healthy behaviors for students  
Employees are empowered to maximize their quality of life  
Fitness both physical and fiscal  
For every Everett Public Schools employee…. a healthy life.  
Striving to be healthy school employees  
Our vision is a school district where every employee has a healthy life  
Empowering healthy lifestyles for every Everett Public School Employee  
Empowering every employee to realize their full health potential  
Empowering every employee to realize and model optimal health  
  
Our employees work toward achieving and modeling optimal health and well-being

Goals

* Using wellness program to achieve optimal health and well-being
* Reduce the cost of health care