**Mission Statement**

The Everett School Employee Benefit Trust Wellness Program will create a culture of wellness by engaging staff in opportunities to enhance their overall health and quality of life.

**Vision Statement**
Staff are empowered to make healthy lifestyle choices
Empowering employees to lead healthier lives
Improve quality of life
Create a healthy culture
Modeling healthy behaviors for students
Employees are empowered to maximize their quality of life
Fitness both physical and fiscal
For every Everett Public Schools employee…. a healthy life.
Striving to be healthy school employees
Our vision is a school district where every employee has a healthy life
Empowering healthy lifestyles for every Everett Public School Employee
Empowering every employee to realize their full health potential
Empowering every employee to realize and model optimal health

Our employees work toward achieving and modeling optimal health and well-being

Goals

* Using wellness program to achieve optimal health and well-being
* Reduce the cost of health care
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